

Community Newsletter

Acadia First Nation

August 2014

Acadia First Nation Powwow 2014

September 12th and 14th, 2014 are the dates that are set for this year's Acadia First Nation Powwow in Gold River!

The Powwow Committee has been working very hard planning our Annual Powwow hosted in Gold River. The committee would like to ask anyone wishing to volunteer to please contact the Yarmouth Band Office at 902-742-0257.

We still require of a number of volunteers to help with this year's Powwow. If you are willing and able to help and are available the weekend of September 12th and 14th and plan on attending the powwow in Gold River we could use your help. Volunteers would be helping set up the grounds, prepare cook house, set up the feast tent with table and chairs, clean up, cooking and anything else required.

If you are interested in being a vendor at this event please contact the Band Office and leave your name and number and a description of what you will be selling. All Vendors are required to be accepted and registered before this event.



Come join us for another eventful weekend in Gold River on September 12th-14th, 2014.

Summer Office Closure

All Acadia First Nation Offices will be closed from July 28th and will re-open on August 11th, 2014.

Should an emergency arise during the office closure, please contact one of the follow Councillors or Band Manager.

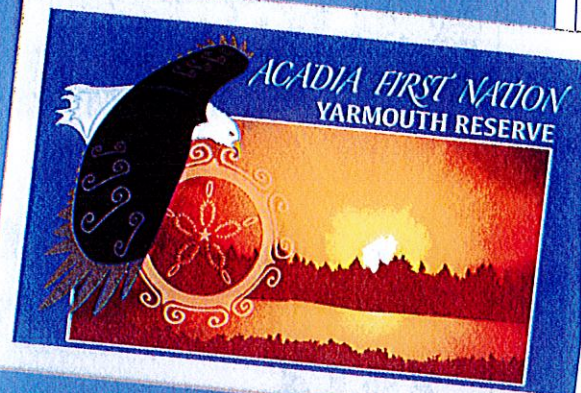
Darlene Coulton (902) 740-2077
Jeff Purdy (902) 740-2905
Tom Pictou (902) 740-4481
Charmaine Stevens (902) 541-0711
Deb Wentzell (902) 350-2160
Andrew Francis (902) 277-1021
Mike Paul (902) 483-7040
or contact our Band Manager, Brian Dorey at (902) 740-0391

Economic Development Update – Lisa Francis, PAED

The 2014/2015 Fiscal year is well underway with exciting possibilities for projects and activities. The main priorities remain to be focused around community specific projects based on the needs of our communities, marketing and promotions – building a positive image of Acadia First Nation building the capacity of our First Nation people and partnerships. Initiatives include: Gold River Community Centre, Tourism Highway Signage, Marketing and Promotions, Tourism Training, Engaging the Mi'kmaw Entrepreneurial Spirit and Partnership with Cruise ships Halifax.

Proposals that have been submitted include: 1) Powwow 2014 to BCAH (Building Communities, through Arts and Heritage); 2) Tourism Highway Signage and Communications year 2 to AANDC and ERDT (Province of Nova Scotia Economic Rural Development and Tourism), Mi'kmaw Artists Re-Emerging to Mi'kmaw Cultural Activities Program; 3) Marketing and Promotions to AANDC and ERDT; 4) Engaging the Mi'kmaw Entrepreneurial Spirit to AANDC and Social Enterprises Fund; and 5) Tourism Training to AANDC, ACOA and ERDT.

Other Mi'kmaq Nationwide activities I am involved in include TFEDWC (Tripartite Forum Economic Development Working Committee) ; Mi'kmaw Nation Economic Development Strategy and lead on the EDO Capacity Committee; Co-Chair of the AAEDN (Atlantic Aboriginal Economic Development Network); Irving Shipbuilding; Assembly of Nova Scotia Mi'kmaw Chiefs Benefits Committee; Atlantic Lands and Economic Readiness Summit – Planning Committee.



Tourism Highway Signage

The pilot project for the tourism highway signage in Yarmouth and Gold River co-funded through Acadia First Nation, AANDC and ERDT (Province of Nova Scotia Economic Rural Development and Tourism) is near completion. The signage has been designed, developed and constructed. The locations have been surveyed and chosen by TIR (Transportation and Infrastructure Renewal) and signs have been shipped to the municipalities to be installed. With the pilot project being successfully funded and creating good working relationships with our partners we resubmitted an additional proposal to have the same signage for exit 19 Ponthook Reserve, and exit 13 for Medway and Wildcat Reserves along the #103 series highway on either end of the exits. Our partners have approved this project and work will continue this Summer and into the Fall to have those signs developed and installed. As a result, we will have a very strong presence as Acadia First Nation and the recognition of our communities in each area.

Marketing and Promotions

Creating partnerships and promoting Acadia First Nation is a priority for creating economic growth and success in our Nation. As a result in 2013, we concentrated our efforts in the initial design and development of marketing and promotional materials and tourism highway signage for two locations (Yarmouth and Gold River). In 2014, our focus is to further promote Acadia First Nation and the uniqueness of each community and its great features, assets and people.

Partnership Ready: Acadia First Nation has submitted a proposal for funding that concentrates on Marketing and Promotional material. Each community will have 2 signs developed, which will be uniquely designed by our members.

An InDesign Program will be purchased that will enable Acadia First Nation the ability to create our own promotional materials. Tradeshow Booth Equipment will also be purchased that will showcase our Businesses and Programs.

A Marketing Strategy will be developed to focus on the analysis of research of each location, major potential partners in that area such as businesses and major industry. It also focuses on gaining a better understanding of the market and where to focus promotional efforts that will seek to provide the highest return on investment.

Tourism Training

Training Opportunity!!! There is great potential in our communities and across Nova Scotia for tourism related activities. Through a partnership with Saint Mary's Sobeys School of Business, TIANS (Tourism Industry Association Nova Scotia), NSTHRC (Nova Scotia Tourism Human Resource Council) and a team of Acadia First Nation staff (including both EDO, NEO, and Cultural Activities Officer) are working towards a certificate program in two fields: Tourism Information Centre Councilor and National Heritage Interpreter. This certificate program provides 12 Provincial Certificates and 2 National Certificates upon completion.

We are in the initial process of this program development with applications to Aboriginal Affairs and Northern Development Canada (AANDC) and Province of Nova Scotia Social Enterprises Fund. The program is based on 10-15 participants maximum through a competitive process; details for eligibility are still being worked on. Another update with regard to the training will be provided over the coming months.

If you are interested in this training please contact the Gold River Health Centre at (902) 627-1245. Please leave your name and contact information.

Engaging The Mi'kmaw Entrepreneurial Spirit

Training Opportunity!!!! Are you an artist, own a business or are thinking of starting a business? We are working on a program that provides the foundation of skills and knowledge needed to succeed as an entrepreneur! This program provides four main objectives: 1) Business Basics – how to plan, cost, package, present and sell your wares; 2) Business Operations and Management – budgeting, management and, human resources; 3) Developing a business plan – work with a professional to develop your business plan, and 4) Funding – opportunities to apply for grants and financing for your business. This proposal is being finalized and will be submitted for potential funding. Space is limited from 10-15 participants and will be a competitive process for entry. Watch for updates over the next coming months!!

If you are interested in this training please contact the Gold River Health Centre (902) 627-1245 and leave your name and contact information

Wildcat Basket Making Program

On June 30th, 2014 there was an Open House for the Basket Making Course in the Wildcat Community. John Francis was the instructor for this program and assisted two participants, Jamie Jermey and Pat Garrison. This program was developed to teach individuals how to make a basket from start to finish. John guided the 2 participants in the woods to choose specific trees for wood need to make baskets. They also learned how to prepare the wood from soaking, pounding, shaping and splinting.

John has been making basket since he was just a little boy. He could remember back to when he was just 5 years old helping his father pound the wood to make splints for his mother. John says this was the way they survived when they were younger, making baskets and selling them. He also indicated that as he was growing up he did not have an interest to make baskets, however about 20 years ago he started again. He did his first basket-making course out of his house around 15 years ago. He has since been doing demonstrations at several events over the years in Queens County.

Pat Garrison travelled everyday to the Wildcat Community from Lunenburg to participate in the Basket Making Course. Pat has completed a total of 11 baskets, which she plans to sell. Pat decided to make fancy baskets, which are baskets that have been decorated with dyed splints, and weaved with a twist, also know as jikiji'j. Pat plans on continuing making baskets to hopefully sell to the public.



Fencing at the Canada Summer Games

Harrison Paul lives in Bedford, Nova Scotia with his family. Harrison just graduated from Charles P. Allen High School and will continue his education in the Fall at Acadia University.

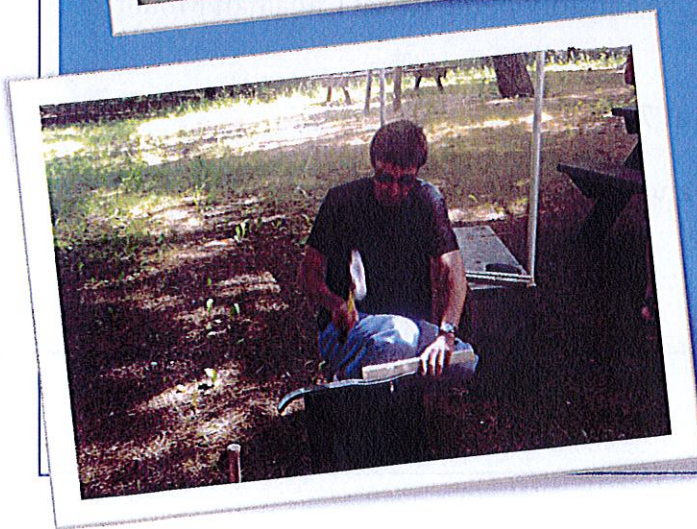
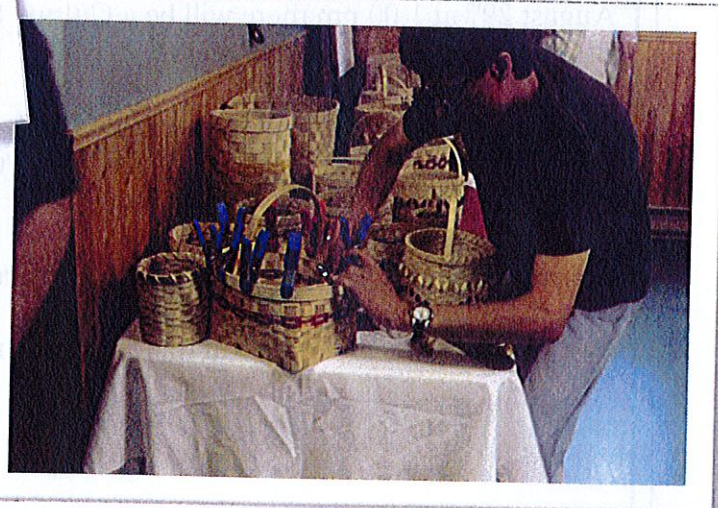
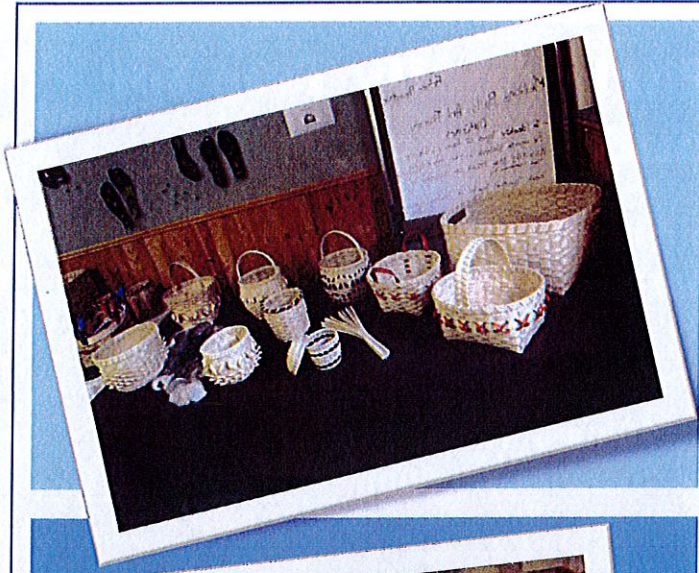
At age 7, Harrison was with his brother at the Cutting Edge Club in Kingston, Ontario. His brother was swimming and Harrison decided to look around the club where he came upon the Fencing Club. He knew at that moment that was the sport of his choice. Harrison said, "The first time felt really weird but after a couple of times it was great!" In 2011, his team was selected to train for the 2013 Canada Summer Games. After 2 years of training he was on his way. He placed 13th in an individual category and his team placed 8th. Congratulations Harrison, we are proud of you and wish you the best in your future.



Baskets made by Jamie Jermey

Jamie Jermey

Jamie Jermey, a resident of the Wildcat Community, indicated that he has enjoyed the course very much. He said we learned how to go in the woods and find the trees we needed, bring them out and pound the wood, split the wood and cut it down to size for us to make baskets. Jamie also indicated that they even went and picked sweatgrass needed to decorate some of the baskets. Jamie has made 17 baskets over the 8-week course. He said that most of the baskets were spoken for and that he has given them to family members. He enjoyed making what is called working baskets, indicating that these types of baskets were used by our people for many years when picking berries, medicine etc.. He also demonstrated how to make a Jigmaqn a musical instrument used by our ancestors for many years during song and dance.



Upper Clements Park Family Trip for Shelburne and Yarmouth

A family fun trip is planned for band members and their immediate family, residing in Yarmouth/Shelburne . All Children must be accompanied by a parent/guardian.

The bus will be leaving Shelburne 8:30am & Yarmouth 9:30 am and leaving Upper Clements Park at approximately 5:00pm.

Please register you and/or your family by contacting the Yarmouth Band Office at (902) 742-0257 before August 14th (please note the Band Office will be closing from July 24th to August 11th). There is limited space on the bus and there will be NO mileage compensation if you are taking your own vehicle.

People wanting to participate in the Zip Line Adventure, please register by calling the Band Office at 742-0257. To Zip Line you must be at least 5 feet 2" and weigh no more than 250lbs.

The Zip Line Adventure takes approximately 2 hours and is physically demanding at times.

Cultural Sharing Event

August 29th at 1:00 pm there will be a Culture Sharing event located at the old Winners Corner Building on the Yarmouth Reserve.

All are welcomed to attend join us for a BBQ. There will be a number of different demonstrations of our Mi'kmaw Culture. Also, the RCMP will give a history of the Royal Canadian Mounted Police.

For more information, please contact Dave Falls at 748-0987.

We look forward to seeing you there. Come out and support this event.

Shelburne News

August 4-7 - closed

August 11 - Shelburne office 1-4, Biggest loser final weigh-in 1-2

August 13 - Youth fun day 10-3

August 14 - Shelburne office 1-4

August 18 - Yarmouth office 9-12

August 19 - Shelburne office 11-3

August 21 - Healthy eating talk and share 12-2

August 22 - Community visits Shelburne 10-2

August 25 - Shelburne office 11-3

August 27- Shelburne 11-3

August 13

We will be having a Youth Fun Day at the community room at the Shelburne office. Pizza, games, and crafts. We are going to be making a native craft so come out and enjoy!!

August 21

Healthy eating - Ladies event - Come out to share your favorite healthy recipe, healthy lunch, feel free to bring something healthy to share with the ladies.

ENJOY YOUR SUMMER AND GOD BLESS

Darlene Coulton

BIGGEST LOSER WEIGH-IN

ATTENTION: ALL BIGGEST LOSER PARTICIPANTS THE WEIGH-IN WILL BE ON AUGUST 11TH FROM 8-5PM AT YOUR LOCAL BAND OFFICE. IF YOU HAVE ANY QUESTIONS PLEASE CONTACT YOUR LOCAL OFFICE.

THERE IS NO EXCEPTION TO THIS DATE.

Physical Activity Program

Summer is a great time to incorporate active transportation. Active transportation is any form of transportation that is human powered such as walking, jogging, running, cycling, in-line skating and skateboarding.

Engaging in physical activity through active transportation can lead to:

- Better health
- Better posture and balance
- Stronger muscles and bones
- Relaxation and reduced stress
- Continued independent living later in life
- Increased connection to your community

Let's stay active and healthy together – make smarter travel choices today!

Yarmouth – Lacrosse August 16th at the Mariner's Centre from 9:00 – 10:30 a.m. at arena 2 for youth ages 5 to 18. Parents and older siblings may take part as well if we do not have enough youth to hold a session. I played for the first time July 14th and I had a great time even though I have never played before. You do not need any prior knowledge of the game to take part. All Acadia First Nation registered members will receive a \$20 movie card for attending this activity.

Medway - \$50 off a yearly membership at the Greenfield Recreation Centre. Regular rate is \$125/year for adults. Registration will be late August. If you are interested please contact Anita Howard at 685-2956. Once the date is set Anita will contact you and give you the information.

Halifax – Free Roller Blading lessons at Emera Oval. Call Anita at 685-2956 for more information.

Liverpool – Standup paddle boarding for youth ages 12-18. We need a minimum of 4 and a maximum of 6 youth to participate. Please contact Anita at 685-2956 for more information.

Anita Howard
(902) 685-2956
afnpasc@gmail.com

Vandalism

On August 7th there will be a presentation on Vandalism at the Youth Centre.

All are invited to attend. For more information please contact Dave Falls at 748-0987.

Crime Stoppers

On August 19th there will be a presentation on Crime Stoppers at the Youth Centre.

All are invited to attend. Let's make our community safe for all who live here.

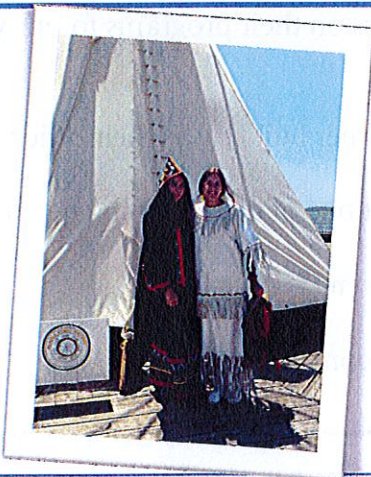
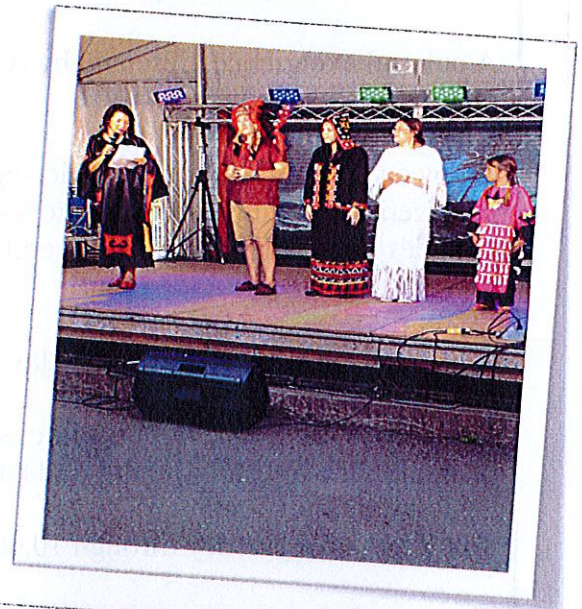
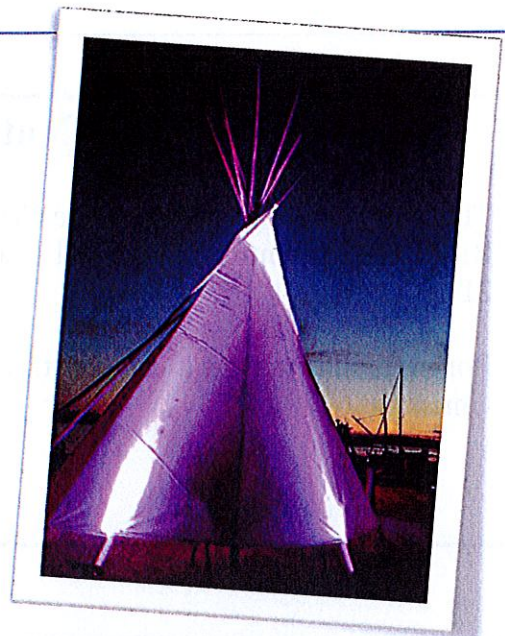
Snack will be provided. For more information, please contact Dave Falls at 748-0987

Multi-Cultural Festival Yarmouth, Nova Scotia

Acadia First Nation participated in the Multicultural Festival hosted in Yarmouth, Nova Scotia on July 11th, 12th and 13th. This Festival is visited by hundreds of people each year. Acadia First Nation proudly demonstrated a variety of crafts, artifacts, food and participated in the Fashion and Cultural shows. We had youth display a few different styles of regalia at the Cultural Fashion Show and on Sunday we had 2 youth demonstrated the Jingle Dance.

Acadia First Nation set up a Teepee on the waterfront on Friday, which was displayed in the evening with different colored lights enhancing the beauty of the teepee. On Saturday there was a craft making time, talking sticks and leather bracelets were made with children that participated in this event. Sunday was the food tasting event. We had salmon, potatoes and luskinikn.

We would like to thank everyone that participated and volunteered his or her time to make this a successful event. A special thank you to Melanie and Jeff Purdy, Kolby Blair, Kaylee Blair, James Blair, Chloe Barclay, Candice Lane, Emerald Wells, Lacy Pennell, Anita and Mike Howard, Rachel Pictou, Tom Pictou, Joey Francis, Rose Purdy, Nicole Harddick, Cherry Whynot, Marjorie Francis and Judy Boutilier.



Gold River Health Centre

The VON will be available at the Gold River Health Centre on August 11th and 21st.

For more information please contact Chrissy at 627-1245.

Yarmouth Health Centre

The Dentist will be available for appointments on August 12, 19 and 26th.

The VON will be available on August 21st.

To make an appointment please contact the Health Centre at 742-4337

Kejimikujik Park – Connect with Mi'kmaw Culture

A cultural experience presented by Acadia First Nation in Kejimikujik National Park and National Historic Site.

Enjoy a two hour adventure exploring cultural landscapes, natural wonders and archaeological discoveries creating a powerful story of the Mi'kmaq people in Nova Scotia. Your journey includes storytelling, song, crafts and a campfire with sampling of traditional bread and blueberry tea.

This program is offered every Friday at 2:00 pm, from July 4th to September 19th, 2014.

Cherry Whynot along with summer students Liam Howard, Robyn Whynot and Gracie Labrador are your tour guides and have had a successful year this far.

Join them on a journey through 10,000 years of Mi'kmaq History.

For more information, please contact Keji Park at (902) 682-2653.

The Red Road Project, Species at Risk Project, and the RCMP summer student will be working together this summer in a joint effort to bring more awareness on their programs to our youth and community members in the Yarmouth Area.

The Red Road Project is currently using the old Winners Corner building as their office space.

For more information regarding these projects please contact one of the following people:

Red Road Project – Mika Francis at mikafrancis@hotmail.com

RCMP Summer Liasion – David Falls – 748-0987

Speices at Risk Project – Sarah Jerney at sjerney@outlook.com

Important Information

- The Annual General Meeting will be held on October 18th, 2014 in Bridgewater at the Best Western Hotel.
- The 2013/2014 Annual Acadia First Nation Financial Audit has been posted on our Website (www.acadiafirstnation.ca)
- Profit Sharing Cheques will be \$950.00 for each individual band members 18 and older that resides in Nova Scotia.
- Student Supply Cheques will be distributed before the end of August.
- Acadia First Nation currently has 1269 voters as of June 30th, 2014.
- On January 31, 2011 Acadia First Nation had a total population of 1082 members. Since then, as of July 15, 2014 our population has increased to 1484. This increase of member has resulted in an additional 402 members in just 3 in half years with no additional funding through Aboriginal Affairs and Northern Development Canada or Health Canada.

Editors Note

Our goal is to inform our members with important information. If you have any suggestions or concerns about the content within our monthly newsletter, please contact me at (902) 742-0257 or by email at s.isaac-surette@acadiaband.com.

We are open to suggestions on any topic you would like to read about.

Thank you and have a great Summer!

Sonya Isaac-Surette
Acadia First Nation
Communication Officer



Native Alcohol & Drug Abuse
Counselling Association of Nova Scotia

Rose Purdy Mainland Addiction Services Manager
R.R. #2 South Ohio, Box 769 Bloomfield Road, N.S, B0W 3E0 Tel: 902-742-0141 Fax: 902-742-4824

COMMUNITY MEETING FOR PARENTS regarding the drug "MOLLY"

At the old Winners Corners building in Yarmouth on Monday, August 11 at 3:30.

The drug "Molly" is in Yarmouth and some of our youth could be exposed to this very dangerous drug. The results of using this drug can be tragic!

This meeting is to come together as parents and discuss this very disturbing drug.

Molly, slang for "molecular," was once known as Ecstasy, the popular club drug of the late '90s and early 2000s that elevated users to sustained euphoria and hallucination.

The big problem: Molly has morphed from being a pure form of MDMA — Ecstasy's vital ingredient — to a catch-all name for a methamphetamines mixed with any of roughly 300 other synthetic chemicals, including paint thinner and gasoline, said Dr. M. Michael Jones, chairman of the department of emergency medicine at CentraState Medical Center here.

I encourage community members to attend this meeting

For further info contact Rose Purdy, Community Addiction Counsellor, Acadia First Nation.